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The Logic of Love

Part VII: Emotions and Attitude

The purpose of this section is to help re-integrate our emotional bodies with our spiritual life. Just as a surgeon must have the emotional control to not cry over the patient, it was important to not allow the roller-coaster ride of emotions to undermine our ability to think critically about the choice to have faith in God. Now that the logic of love has led us to the conclusion that faith in God best supports love, an appreciation for the role of emotions can take on new meaning and value. Additionally, an understanding of what it means to have a "good spiritual attitude" can serve us well in our effort to make the most of life through faith.

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